



Cynhadledd
Strôc Cymru

Welsh Stroke
Conference

24th Welsh Stroke Conference

25th and 26th June 2026
All Nations Centre, Cardiff

Delegate Program
#WelshStroke2026

Cymdeithas

Kindly sponsored by:

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Association



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Boehringer Ingelheim UK has provided financial support for the meeting but has had no influence, involvement or input into any of the agenda or selection of speakers. All meeting content has been developed independently with the exception of a Boehringer Ingelheim exhibition stand.

AbbVie part sponsored this event. AbbVie had no influence or input in the event

Thursday 25th June

08:00 – 09:00	Registration and refreshments
	FIRST MORNING SESSION Room: Muller - first floor Chairs: Drs Tal Anjum and Benjamin Jelley
09:00 – 09:10	Welcome to the 2026 Welsh Stroke Conference Dr Tal Anjum Chair of Welsh Association of Stroke Physicians
09:10 – 09:40	My stroke story Lauren Brooks Betsi Cadwaladr University Health Board
09:40 – 10:20	Thrombectomy services – Past, Present and Future Dr Anthony Cox (Bristol) Consultant in Interventional Neuroradiology in Southmead Hospital, Bristol and Lead for INR across the Bristol NHS Group Niki Turner (Cardiff) National Allied Health Professional Lead for Stroke in Wales Stroke Implementation Network, NHS Wales Executive Dr Shakeel Ahmad (National) National Clinical Lead in Stroke Medicine Consultant in Stroke Medicine University Hospital of Wales
10:20 – 10:50	COFFEE BREAK Main Exhibition Hall - ground floor

	<p style="text-align: center;">SECOND MORNING SESSION</p> <p style="text-align: center;">Room: Muller - first floor</p> <p style="text-align: center;">Chairs: Drs Tal Anjum and Benjamin Jelley</p>
10:50 – 11:35	<p>Rehabilitation approaches – how patients make sense of these</p> <p>Dr Sally Davenport Programme Lead for the Neurophysiotherapy MSc programmes University College London</p>
11:35 – 11:45	<p>Introduction to Bhowmick Lecture</p> <p>Dr Benjamin Jelley Chair of the Welsh Stroke Conference</p>
11:45 – 12:30	<div style="border: 2px solid black; border-radius: 20px; padding: 10px; text-align: center;"> <p>Bhowmick Lecture</p> <p>Bridging the Gaps: getting more evidence-based treatments for people with stroke in the UK</p> <p>Professor Martin James Consultant Stroke Physician, Royal Devon & Exeter Hospital and Honorary Clinical Professor, University of Exeter Medical School</p> </div>
12:30 – 13:10	<p style="text-align: center;">LUNCH</p> <p style="text-align: center;">Main Exhibition Hall - ground floor</p>
13:10 – 14:00	<p style="text-align: center;">POSTER TOUR</p> <p style="text-align: center;">Main Exhibition Hall - ground floor</p>

	AFTERNOON SESSIONS
	Parallel Session 1: Cognition Room: Muller - first floor Chairs: Dr Giovanni D`Avossa and Nia Williams
14:00 - 14:30	Management of Delirium – Psychiatric Perspective Dr Mohammad Zia Ul Haq Katshu Associate Professor of Psychiatry Institute of Mental Health, University of Nottingham
14:30 - 15:00	VIRTUAL Assessment and Management of Delirium in Stroke Alexandre Carter, MD, PhD Associate Professor of Neurology Washington University in Saint Louis School of Medicine
15:00 - 15:30	COFFEE BREAK Main Exhibition Hall - ground floor
15:30 -16:00	VIRTUAL Making the Case: Functional Cognition as a Top Priority for Rehabilitation Practice Lisa Tabor Connor, PhD OTR/L Professor of Occupational Therapy and Neurology Washington University School of Medicine
16:00 - 16:30	Post-stroke vision screening and when vision affects driving Dr Lauren Hepworth Senior Lecturer, University of Liverpool, and Consultant Orthoptist, Northern Care Alliance NHS Foundation Trust
16:30	CLOSE

	AFTERNOON SESSIONS
	<p align="center">Parallel Session 2: Recovery Room: Wallis - first floor Chairs: Adele Griffiths and Dr Walee Sayed</p>
14:00 - 14:30	<p>Upper limb rehabilitation after stroke: Putting sensorimotor neuroscience and immersive technologies to work Dr Ken Valyear Senior Lecturer in Cognitive Neuroscience Bangor University</p>
14:30 - 15:00	<p>Neurostimulation therapy for dysphagia Sarah Giannini and Ella Phillips Speech and Language Therapists Swansea Bay University Health Board</p>
15:00 - 15:30	<p align="center">COFFEE BREAK Main Exhibition Hall - ground floor</p>
15:30 -16:00	<p>Duty, Delay, and Diagnosis: The Legal Landscape of Stroke in the UK Dr Alakendu Sekhar Consultant Neurologist & stroke physician & Thrombectomy MDT Chair The Walton Centre NHS Foundation Trust</p>
16:00 - 16:30	<p>Introduction to the Prolonged Disorders of Consciousness (PDOC) service in Wales: What do Stroke MDTs need to know? Dr Andrea Lowman, Consultant Neurologist and Georgina Jones (AHP Lead for PDOC). Cardiff and Vale University Health Board</p>
16:30	CLOSE

Friday 26th June

08:00 – 09:00	Registration and refreshments
	FIRST MORNING SESSION Room: Muller - first floor Chairs: Drs Manju Krishnan and Jonathan Hewitt
09:00 – 09:05	Welcome and Introductions Dr Manju Krishnan Wales Research Lead for Stroke Health and Care Research Wales
09:05 – 09:30	Highlights and new opportunities in the NIHR Stroke Portfolio Professor Chris Price Professor in Stroke and Applied Health Research Newcastle University
	Top five Scoring Abstracts – Podium presentations
09:30 - 09:40	Use of The Active Offer within Stroke Rehabilitation Lauren Brooks and Samuel Lowe Betsi Cadwaladr University Health Board
09:40 - 09:50	Inpatient versus community onset strokes: a continuing disparity in outcomes Dr Laura Perring Gloucestershire Hospitals NHS Foundation Trust
09:50 - 10:00	Reducing acute Length of Stay (LOS) for patients who are referred into the Bridgend stroke ESD service, who have MRS score of 3 Holly Thomas Cwm Taf Morgannwg University Health Board
10:00 - 10:10	FRAX, Frailty and long-stay: Incorporating frailty assessments into stroke rehabilitation care Imogen Patton Cardiff and Vale University Health Board

<p>10:10 - 10:20</p>	<p>Persistent Thrombotic Risk in Patients 12 Months Post-Transient Ischemic Attack Dr Cass Whelan Cardiff Metropolitan University</p>
<p>10:30 - 10:55</p>	<p>COFFEE BREAK Main Exhibition Hall - ground floor</p>
	<p>SECOND MORNING SESSION Room: Muller - first floor Chairs: Drs Manju Krishnan and Jonathan Hewitt</p>
<p>10:55 - 11:00</p>	<p>Announcement of Poster and Podium Winners Dr Benjamin Jelley Welsh Stroke Conference Chair</p>
<p>11:00 - 12:00</p>	<p>SPONSORED SYMPOSIUM</p> <p>Delivering a Vision for Stroke in Wales Katie Chappelle, Wales Director, Stroke Association</p> <p>Panel: Dr Shakeel Ahmad - National Clinical Lead for Stroke Niki Turner - National AHP Lead for Stroke in Wales Mr Damian Evans - Stroke Survivor</p> <p>Cymdeithas  Association</p> <p><i>Please note that the sponsored symposium is not included in the CPD points</i></p>
<p>12:00 - 12:10</p>	<p>COMFORT BREAK</p>

	<p style="text-align: center;">Parallel Session 3: Rehabilitation Room: Wallis - first floor Chairs: Nia Williams and Dr Angela Nelmes</p>
12:10 - 13:10	<p>Resistance training in stroke recovery Gary Morris Advanced Physiotherapy Practitioner in Neurological Rehabilitation, Hywel Dda University Health Board and Senior Lecturer, Cardiff University School of Healthcare Sciences</p>
13:10 - 13:30	<p style="text-align: center;">LUNCH Main Exhibition Hall - ground floor</p>
13:30 - 14:15	<p style="text-align: center;">POSTER TOUR Main Exhibition Hall - ground floor</p>

	<p align="center">Parallel Session 4: Stroke Trials Room - Muller - first floor Chairs: Drs Manju Krishnan and Benjamin Jelley</p>
12:10 - 12:30	<p align="center">VIRTUAL</p> <p>New trials for the prevention of recurrent ischaemic stroke Dr Alan C Cameron Senior Clinical Lecturer in Stroke Medicine University of Glasgow</p>
12:30 - 12:50	<p>Frailty, Stroke and the SAIL Databank Dr Jonathan Hewitt Clinical Senior Lecturer, Cardiff University and Honorary Consultant Geriatric and General Physician, Aneurin Bevan University Health Board</p>
12:50 - 13:10	<p>PREDICT-EV; Predicting Stroke Risk After a TIA Professor Philip James Professor of Cardiovascular Metabolism Cardiff Metropolitan University</p>
13:10 - 13:30	<p align="center">LUNCH Main Exhibition Hall - ground floor</p>
13:30 - 14:15	<p align="center">POSTER TOUR Main Exhibition Hall - ground floor</p>

	AFTERNOON SESSIONS
	Parallel Session 5: Nursing a patient following a stroke Room: Muller - first floor Chairs: Nia Williams and Dr Angela Nelmes
14:15 -14:45	Community Stroke Prevention Team – Secondary Stroke Prevention Programme Holly Brislen and Nicola Vickers Community Stroke Prevention Practitioners Betsi Cadwaladr University Health Board
14:45 - 15:15	Continence challenges post stroke - optimisation ideas for the whole MDT Dr Victoria Suter-Jones Consultant Geriatrician Cardiff and Vale University Health Board
15:15	CLOSE OF 2026 CONFERENCE

	<p align="center">Parallel Session 6: Any Other Business Room - Wallis - first floor Chairs: Drs Manju Krishnan and Benjamin Jelley</p>
14:15 - 14:45	<p>Treatment decisions after severe stroke – challenges and solutions Dr Idris Baker Consultant in Palliative Medicine Swansea Bay University Health Board</p>
14:45 - 15:15	<p align="center">VIRTUAL</p> <p>Hyperacute Stroke Therapies in the Extended Time Window Dr. Hesham E. Masoud, MD, MSc, FSVIN SUNY Upstate Medical University Syracuse, New York</p>
15:15	CLOSE OF 2026 CONFERENCE